



THE VIETNAMESE STUDENT ASSOCIATION

NEWSLETTER FOR SEPTEMBER 8TH, 2021



Picture: VSA at the Sunset Picnic on the Green

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Happy September! How are you doing?

Hello there, VSA! 𐄂(𐄂_𐄂)𐄂 How are your classes going? If you answered "not great," come to VSA's Fast Like Lightning event this **Thursday, September 9th at 7 PM** and maybe VSA can make it better! More details can be found further in the issue.

We hope you enjoyed getting to meet new friends at our Sunset Picnic. Thank you for coming out in large numbers! Our VSA had fun playing musical chairs, eating those pre-packaged, mega gourmet charcuterie boards, and taking pictures!

Speaking of pictures, if you want to access our Sunset Picnic Google Photos Album, scan the QR Code to the side! All these bomb pictures were taken by our favorite cameraman--Ozair Patel!

Now, scroll to get into the issue!





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FAST LIKE LIGHTNING



Location: Campbell Hall 405

ARE YOU READY TO RUMBLE, VSA!?

We're kickstarting the year with our first General Body Meeting "Fast Like Lightning" where you have the chance to learn about VSA and compete in teams to win a special prize. Come to make some new friendships and enjoy Vietnamese cuisine! Food supplies will be provided until we run out, so be fast like lightning and come early to get your free food! ***Masks are required for this event, so please plan accordingly.**

Date: September 9th, 2021 at 7 PM CST

Location: Campbell Hall 405

Depending on popularity, we may be placing a cap on attendance to accommodate for COVID-19 restrictions. Be sure to RSVP on our Engage Page here to count your attendance! This event is open to all UAB students, alumni, and friends!

What's the Menu?



goi cuon

One of Vietnam's staples! Goi Cuon is simply translated to Spring Rolls but pack a flavorful bite with its versatility. With the different types of greens, a rice noodles base, and the addition of meats (pork and shrimp) ALL dipped into a delicious peanut sauce, the possibilities are endless!

Provided by **Saigon Noodle House**



che thai

A creamy and refreshing dessert to cool you off from the heat and your studies! Che Thai is the perfect dessert to showcase what Vietnamese desserts are all about. A concoction of sweet milk (lactose-free!) and a variety of tropical fruits and jellies to incorporate many textures into a simple yet tasteful dish.

***Vegetarian Options are available!**

Tofu Spring Roll is offered!

Asian snacks/drinks while supplies last.



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FRIENDS, FAMILY, AND FREE TIME

Feature Written by Laura Van Winkle

Firstly, I would like to welcome you all back to the full swing of an "in-person" school year. As many of you know, last school year was hard on everyone. UAB's Staff, students, families, and organizations felt the push and pull of surviving during a pandemic. In the end, though, we were able to pull through in hopes of a better future.

That future was not far away. In fact, it was right around the corner in the form of a sacred and magical time in most every student's life: **summer break**. Summer is an important time for hard-working students to enjoy their personal lives a little more. I spoke with a couple amazing VSA members and would like to share their experience unwinding from the stress of University with you all in an effort to **encourage self-care**, not only during the summer but throughout the school year as well.

Kimmy Chieh, a Senior majoring in Biology and Philosophy, shared her summer with me. "I had a super exciting and eventful summer - I traveled to New Orleans with friends, shadowed at a few clinics, continued working in my research lab, submitted my application for medical school (fingers crossed!), went to the beach for a conference, and made a bunch of fun memories with new friends!", Chieh says. She also says that, "[she] spent time preparing for the school year through USGA and the VSA Social Committee, and [she] bonded lots with VSA members through the Discord and events like Pho Phriday".

Fiona Lien, a Sophomore majoring in Biomedical Sciences, also shared her memories with me. "Over the summer I reread one of my favorite book series called 'Throne of Glass'. Sydney Lu also flew out to Orange County and we hung out and ate poke, went to the mall, got some ice cream, and then had sushi for dinner. It was an eventful day and we had lots of fun together!" says Lien. She also says that, "[she] hopes we can travel together in the future along with other VSA members!"

Reading these stories can evoke warm, nostalgic feelings for this past summer, but I encourage you all to continue to be with your friends, family, and loved ones throughout the school year as well. Take care of yourself as you did this summer by making time for relaxing and having fun! After all, that is one thing VSA is known for; being a safe, welcoming family for its members and friends.

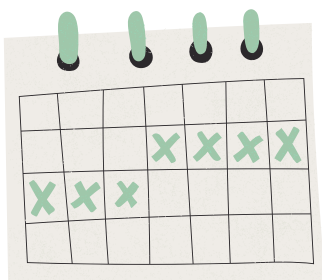
SEPTEMBER CALENDAR

September 9th: Fast Like Lightning

September 14th: Xin Chao, ACE!

September 23rd: VSA Social Event (TBA)

September 28th-29th: VSA Boba Fundraiser



crusty
comics

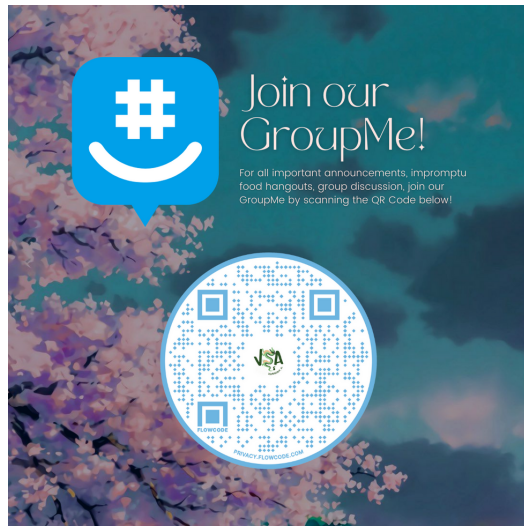


Be on the lookout for more information from our very own ACE Committee!



NEWSLETTER FOR AUGUST 27TH, 2021

CONNECT



Love what you're hearing about VSA? Well, connect with us by joining our GroupMe! For your convenience, we have attached a QR Code for you to scan to join!

VSA Media Team is on the Road to 1K Instagram Followers! Help us out by telling all your friends to follow **@uabvsa**! When we get to 1,000, we'll pie your very favorite President **Alvina Do**.

Let's get to 1K, VSA!

Follow Count (updated September 7th): 782

CULTURE CORNER

VIETNAM'S 3 MAIN DIALECTS

The official language of Vietnam is Vietnamese, also known as *Tiếng Việt*. It was originally based on Chinese letters, but was later translated into Latin letters during French rule in the 19th century. There are three main dialects: Northern (Bắc), Central (Trung), and Southern (Nam) that are used in Vietnam. The difference between the dialects is the accent, but most times, each dialect uses different terms just like in the U.S with soda and pop. There are more than five dialects in Vietnam because it is divided into many small regions. One example is the Mekong Delta (Miền Tây) located in the South West of Vietnam.

Written by **Esther Pham** (Media Team Officer)

UPCOMING VSA MEMBER

birthdays

Go wish these members a happy birthday! All birthdays were collected during the roster check! If you want your birthday to be featured, please dm us on Instagram at **uabvsa**.

- 09/12: Mynhan Nguyen
- 09/12: Laura Van Winkle
- 09/21: Steven Vo

Go wish these three lovely VSA members a happy birthday! We have Mynhan and Laura as our Birthday Twins this time!

